

THE COACH'S RESERVE

PRESENTS

Becoming Masterful

An opening up of space experience

with *Emer Doyle, MCC*

September- December 2023

40 ICF CCEs
in core competencies

*A blend of live & self paced learning
from inside out...*

Overview

The "what" description of *Becoming Masterful* is that it's an ICF recognized advanced coach training program.

The actual experience of *Becoming Masterful* is one where space is opened up, for all of *who* you are right now *to be* in the presence of all dimensions of yourself.

This internal relationship will directly impact your ability to collaborate with your clients on a deeper level in service of who they wish to become, much more than any skill.

There will also be a focus on demystifying the craft of coaching mastery.

It is designed to enable you remain connected to your own continuous skill development and life long learning. It combines a blend of live and self paced learning modules; creating an opportunity where you can pause, unpack, ventilate and recalibrate the whole of you, not just the "coach" in you at a pace that suits your unique lifestyle.



Who will benefit from this training?

A coach practitioner who is seeking *any* of the following:

to deepen their coaching skills

self acceptance; to release limiting beliefs about their value as a coach

to connect with a tribe of humans embarking on a similar journey

to de-clutter your mindset to embrace mastery simplicity

ICF CCE units in core competencies

LEARNING OUTCOMES

What will I gain from this?

You may have a specific goal to pass a *credential performance evaluation*; or are more broadly focused on actively learning and continuing your professional development as a Coach. Either way you cannot change what you are not aware of. Engaging in this program will enable you to do the following:

01

Core Competency Development

Simplify and deepen your understanding of the eight core coaching competencies as defined by ICF.

02

Integration of Core Competencies

Know how to integrate multiple competencies simultaneously in a single session in a seamless manner.

03

Relationship between Presence and Process

Understand the distinctions between application of a skill, and the embodying of a skill as a natural way of being.

04

Multi- Sensory Exploration

Understand what mastery of any coaching competency sounds, looks and feels like in real-time conversations.

05

Skill Set Areas for Growth

Validate your strengths and discover skillset areas you wish to grow in order to advance your coaching development.

06

Criteria for Measuring Progress

Be able to design personal metrics for measuring your skill progression that is detached from client results.

UPON SUCCESSFUL COMPLETION

you will have the following...



MCC Coaching Masterclasses

Attended 5 x full day interactive MCC Coaching Masterclasses hosted by Emer Doyle virtually focusing on the four domains within which the ICF organizes the core competencies; and the hallmarks of becoming a masterful coach.



Self Paced Learning

Engaged in 4 online self paced learning modules created by Emer Doyle and completed a series of private reflective journals documenting your learning. These modules are taken at a pace that best suits your unique learning style.



1:1 Professional Coaching

Received a one to one private coaching session with Emer Doyle to support the integration of your unique learning on the program into your own coaching practice.



Continuous Professional Development

40 ICF CCE units
in core competencies.

This can be taken as 40 hours
supplemental coach specific training
or 30 hours coach specific training
and 10 hours group mentor coaching.
These hours also meet the full CCE
requirements for renewing an ICF
Credential.





PROGRAM

Timeline

WEEK ONE: 13TH SEPTEMBER

Masterclass # 1: *In Wise Relationship*

ICF Domain: *Foundation*

Self paced learning module

Reflective learning journal entry

WEEK FOUR: 4TH OCTOBER

Masterclass # 2: *Partnering to Co-Create*

ICF Domain: *Co-creating the Relationship*

Self paced learning module

Reflective learning journal entry

WEEK SEVEN: 25TH OCTOBER

Masterclass # 3: *Complete Attention*

ICF Domain: *Communicating Effectively*

Self paced learning module

Reflective learning journal entry



PROGRAM

Timeline

WEEK TEN: 15TH NOVEMBER

Masterclass #4: *Holistic Level Learning Integration*

ICF Domain: *Cultivating Learning and Growth*

Self paced learning module

Reflective learning journal entry

WEEK THIRTEEN: 6TH DECEMBER

Masterclass #5: *Hallmarks of MCC Coaching*

The essence of mastery in the art and science of coaching as a craft.

ONE TO ONE COACHING SESSION

One to One Coaching Session

Receive an individual 90 minute virtual coaching session with Emer to support the integration and application of your learning on the program.

WHO WE ARE

Meet your Guide

Emer Doyle will be facilitating all learning components of this program. She holds a Master Certified Coach Credential with the ICF. Emer is a master coach practitioner, trainer, ICF registered mentor coach and ICF accredited education provider. She has been running her own private coaching practice for over 15 years. Emer has an extensive international client list; a combination of both professional clients and coach mentees who have successfully completed their ICF Credentialing Application at ACC, PCC and MCC level through her bespoke 1:1 mentor coaching programs and masterclass events. For more information on Emer's portfolio of work please visit: www.emerdoyle.ie

*"Becoming Masterful is designed to serve the whole of you, not just the "Coach" in you. Earning a next level credential does not define your worth. However, the **process of preparing** for one can act as a powerful catalyst to enable you confidently identify and validate for yourself the increasing value of what YOU uniquely have to offer to those you serve."*

Emer



ENROLLMENT

Chemistry Call

01

Further Information

For further information on the components of this program and tuition fees, please contact Emer directly.

02

Place Availability

This is an intimate learning environment to ensure an abundance of one to one tutor attention is available to all participants throughout.

03

Your Compatibility

A call with Emer will be arranged to discuss the program compatibility with your specific learning objectives before you can enroll.

Communication

Contact Details



info@emerdoyle.ie



+353 (0)86 4011438



www.emerdoyle.ie



PROSPECTIVE STUDENT

Becoming Masterful

www.emerdoyle.ie

COMPONENTS OF THE PROGRAM

Additional Information

Overview of Masterful Coaching Masterclasses

There are five masterful coaching masterclasses in total as part of this program.

The masterclasses will be facilitated by Emer Doyle via zoom, from 9.30am to 4.30pm (GMT) each day every third week. The ICF core competencies are organized into four domains based on commonalities and interdependencies between each competency within the domain. Each masterclass will focus on a particular domain and the competencies, markers and behavior skill sets associated with it at masterful level. Each masterclass will comprise a series of teaching inputs, moments for private reflection, group discussion, an MCC coaching demonstration, and an opportunity to engage in peer coaching practice with feedback. You will also receive additional feedback from Emer during one of those peer to peer coaching sessions. See program timeline for exact dates of these masterclasses.

Overview of Self Paced Learning Modules

In between each masterclass, learners will be invited to watch a self paced learning module which comprises a mini series of short video lessons created by Emer, which are associated with the most recent masterclass you attended. Each lesson will focus on introducing you to deeper layers of the concepts covered in the masterclass and additional new concepts. The lessons will also contain a series of memoirs from Emer's personal experience of her own learning journey towards becoming masterful; the insights, learnings and challenges she experienced and still does in her coaching practice.

Reflective Learning Journal Experience

Once a learner has completed a self paced module, they will be invited to complete a brief reflective learning journal entry and submit it to Emer. The template for this learning journal will be provided to you. All learning journal entries must be completed to receive the ICF CCE units for this program. You will have access to the self paced learning modules for one year. You are encouraged to complete reflective journals in between masterclasses but there is no set deadline to meet. Engaging in the self paced learning component of this program at a pace that best suits your current life experience is encouraged. The intent is for this experience to feel like a gift to yourself, not an additional chore or task to complete.

COMPONENTS OF THE PROGRAM

Additional Information

Overview of One to One Coaching

The intention behind facilitating a one to one private coaching session for each learner with Emer is to ensure that the *whole* of each learner, not just the Coach in you, receives the opportunity to take some undiluted safe space to unpack how their experience on the program has impacted them; to ventilate, attend to what needs arise in them and recalibrate for the next phase of their learning journey beyond the program. There is no expiry date on this coaching session. Learners are encouraged to book the session at a time that best suits their needs and energy levels after completion of the program, when the learning has had a chance to marinate in all the levels of your being.

Completion of the Program and ICF CCUs

Upon completion of all components of the Becoming Masterful Experience you will receive a certificate of completion and 40 ICF CCE units in core competencies. This meets the full CCE requirement for ICF credential renewal. This can be taken as 40 hours supplemental coach training or 30 hours supplemental training and 10 hours group mentor coaching.

Program Tuition Fees

The full tuition fee for this program is €1995 euro.

A 50% booking deposit of full tuition fee must be paid upon enrollment to secure your place.

The outstanding balance must be paid in full a minimum 4 weeks before the program starts.

A chemistry call must take place before enrollment on the program to ensure compatibility.

Where to from here?

If the reading material in this document sits well with you and you wish to arrange a chemistry call to discuss the program's compatibility with your personal learning objectives, without any obligation to proceed, please contact Emer directly via email info@emerdoyle.ie

Testimonials

"I FINALLY MANAGED TO LISTEN TO, REFLECT ON AND DIGEST YOUR WONDERFUL COACHING MODULES. I SLOWED DOWN AND GAVE MYSELF PERMISSION TO GET OFF THE MERRY-GO-ROUND TO REALLY HEAR THE POWERFUL KNOWLEDGE YOU SHARED. I FOUND THE EXPERIENCE SO INSIGHTFUL, PROFOUND AND JUST DELIGHTFUL. LISTENING TO THE LESSONS GETS ME REALLY EXCITED ABOUT COACHING AGAIN! I ALSO FOUND THE REFLECTIVE JOURNALS A GREAT WAY TO REALLY PAUSE AND THINK CAREFULLY ABOUT MY COACHING. A TRULY WONDERFUL FEW WEEKS OF LEARNING."

Bhrona Long, ACC | Professional Coach

"IT HAS BEEN 15 YEARS SINCE I COMPLETED MY ORIGINAL DIPLOMA IN COACHING AND I CAN HONESTLY SAY THIS PROGRAM EXPERTLY FACILITATED BY EMER DOYLE HAS BEEN THE MOST IMPACTFUL EXPERIENCE TO DATE. HIGHLY RECOMMEND IT. AS AN ADDED BONUS I CONNECTED WITH A PHENOMENAL GROUP OF INDIVIDUALS"

Carina Furlong, PCC | Executive Coach

THIS YEAR I SAID I WOULDN'T DO ANOTHER PROGRAM OF DEVELOPMENT. AS A TRAINER AND COACH I'M A BIT OF A LEARNING JUNKIE. THEN EMER DOYLE'S PROGRAM CAME ALONG AND I COULDN'T RESIST IT. IF YOU ARE AN EXPERIENCED COACH SEEKING TO DEEPEN YOUR PRACTICE THEN GIVE YOURSELF THE GIFT OF THIS PROGRAM. EMER HAS SIMPLIFIED WHAT IS COMPLEX AND YET THERE IS DEPTH HERE THAT WILL HAVE YOU EXPLORE YOUR OWN MINDSET AS WELL AS THE NUANCES IN HOW YOU BRING YOUR SKILLSET TO BEAR IN THE COACHING SPACE."

Mary Ann McGowan, PCC | Leadership Development Trainer & Coach
