

THE COACH'S RESERVE

PRESENTS

Becoming Masterful

ICF Advanced Coach Training Program

with *Emer Doyle, MCC*

March- May 2023

40 ICF CCEs
in core competencies

A blend of live & self paced learning

Overview

Becoming Masterful is an ICF *Advanced* coach training program centering on core coaching competency development through the lens of the updated ICF *PCC Markers* and *MCC Behavior and Skill Statements*. The PCC Markers act as a gateway and signpost towards acquiring the presence of fluidity and artistry which are hallmarks of MCC level coaching.

The aim of this program is to expand your understanding of PCC and MCC coaching behaviors, enhance your ability to recognise the transition point from intermediate to masterful coaching presence, and deepen your own application of the associated skill sets in a practical way, while serving your unique credentialing and/or learning path within ICF.



Who will benefit from this training?

A professional coach practitioner who:

- is an existing ICF credential holder
- holds a minimum 500 hours coach client experience
- is seeking to up level their coaching skills
- is preparing to apply for a PCC or MCC Credential
- is seeking CCE units in core competencies to renew a credential

LEARNING OUTCOMES

What will I gain from this?

You may have a specific goal to pass a *credential performance evaluation*; or are more broadly focused on actively learning and continuing your professional development as a Coach. Either way you cannot change what you are not aware of. Engaging in this program will enable you to do the following:



01

Core Competency Development

Simplify and deepen your understanding of the eight core coaching competencies as defined by ICF.

02

Integration of Core Competencies

Know how to integrate multiple competencies simultaneously in a single session in a seamless manner.

03

Distinction between PCC and MCC

Understand the distinctions between intermediate and masterful coaching skill sets.

04

ICF Assessors Evaluation of Recordings

Understand the role of ICF Assessors; what they listen for when evaluating your coaching at PCC and MCC level.

05

Skill Set Areas for Growth

Validate your strengths and discover skillset areas you wish to grow in order to advance your coaching development.

06

Criteria for Measuring Progress

Be able to design personal metrics for measuring your skill progression that is detached from client results.

UPON SUCCESSFUL COMPLETION

you will have the following...



MCC Coaching Masterclasses

Attended 5 x full day interactive MCC Coaching Masterclasses hosted by Emer Doyle virtually focusing on the four domains within which the ICF organizes the core competencies; and the hallmarks of becoming a masterful coach.



Self Paced Learning

Engaged in 5 hours online self paced learning video modules created by Emer Doyle and completed a series of private reflective journals documenting your learning.



1:1 Professional Coaching

Received a one to one private coaching session with Emer Doyle to support the integration of your unique learning on the program into your own coaching practice.



Continuous Professional Development

***40 ICF CCE units
in core competencies.**

(*pending review)

This can be taken as 40 hours
supplemental coach specific training
or 30 hours coach specific training
and 10 hours group mentor coaching.

These hours also meet the full CCE
requirements for renewing an ICF
Credential.





PROGRAM

Timeline

WEEK ONE: 1ST MARCH

Masterclass # 1: Foundation & Partnership

Self paced learning modules

Reflective learning journal entry

WEEK FOUR: 22ND MARCH

Masterclass # 2: Co-Creating the Relationship

Self paced learning modules

Reflective learning journal entry

WEEK SEVEN: 12TH APRIL

Masterclass # 3: Communicating Effectively

Self paced learning modules

Reflective learning journal entry



PROGRAM

Timeline

WEEK EIGHT OR NINE

Receive an individual 90 minute virtual coaching session with Emer to support the integration and application of learning so far.

WEEK TEN: 3RD MAY

Masterclass #4: Cultivating Client Growth
Self paced learning modules
Reflective learning journal entry

WEEK THIRTEEN: 24TH MAY

Masterclass #5: Hallmarks of MCC Coaching
Self paced learning modules
Reflective learning journal entry

WHO WE ARE

Meet your Guide

Emer Doyle will be facilitating all learning components of this program.

She holds a Master Certified Coach Credential with the ICF. Emer is a trainer, ICF registered mentor coach and ICF accredited education provider. She has been running her own private coaching practice for over 15 years. Emer has an extensive international client list who have successfully completed their ICF Credentialing Application at ACC, PCC and MCC level through her bespoke 1:1 mentor coaching programs and masterclass events. For more information on Emer's portfolio of work please visit: www.emerdoyle.ie

"Becoming Masterful is designed to serve the whole of you, not just the "Coach" in you.

*Earning a next level credential does not define your worth. However, the **process of preparing** for one can act as a powerful catalyst to enable you confidently identify and validate for yourself the increasing value of what YOU uniquely have to offer to those you serve."*

Emer



ENROLLMENT

Chemistry Call

01

Further Information

For further information on this program syllabus and tuition fee details, please contact Emer directly.

02

Place Availability

There are only nine places available on this program.

03

Your Compatibility

A call with Emer will be arranged to discuss the program compatibility with your specific learning objectives before you can enroll.

Communication

Contact Details



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www.emerdoyle.ie